

Barrow Dragon Boat Regatta

River Barrow, Carlow Town Park, Graiguecullen, Carlow
Sunday, 15th June 2014

Race Programme & Event Details



COME RACE THE DRAGON!

Organised by



Supported By



C A R L O W
C O U N T Y C O U N C I L
COMHAIRLE CHONTAE CHEATHARLOCHA



Irish Dragon Boat Association Limited, The Rookery, Lisnavagh, Rathvilly, County Carlow, Ireland
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Information Summary

- Race Venue:** River Barrow, Carlow Town Park, Graiguecullen, Co. Carlow
- Directions:** See attached map. Sat. Nav. Coordinates 52.838191, -6.933698 for the car park off Centaur Street.
- Parking:** Free parking is available at Carlow Town Park (40 spaces) and a further 170 spaces in the car park off Centaur Street on the opposite side of the river. The Park is accessible via a foot bridge from the main car park.
- Course:** The racing course is on the river over a distance of approx. 200m. The start & finish will be marked on & off the water. All starts will be free standing starts.
- Timings:**
- | | |
|-------------------------|-----------------|
| Crew Managers Meeting | 10.00 hrs sharp |
| Crew Briefings Commence | 10.15 hrs |
| First Race | 11.00 hrs |
| Last Race | 15.30 hrs |
| Prize Giving | 15.45 hrs |
- ALL CREWS ARE TO BE ON SITE AT LEAST 1 HOUR BEFORE THEIR FIRST RACE START TIME TO ALLOW FOR THE SAFETY BRIEFING.**
- Rules of Racing:** The races will be conducted under the IDBA Racing Rules and Regulations, extracts from which are contained in this programme and other conditions as published in this programme. A minimum of 12 paddlers and a maximum of 16 paddlers per boat, plus drummer are permitted.
- Prizes Awarded:** Prizes will be awarded for:
- 1st, 2nd, 3rd Place Overall
 - 1st U18s Crew
 - Best Fancy Dressed Team
- Facilities:** There are no changing facilities available at the Carlow Town Park; but toilets will be provided.
- What to Wear:** T-shirt/thermal, shorts/tracksuit, soft soled shoes, waterproof (only if really cold). It is recommended to bring a spare set of clothes as the novice paddler has a tendency to splash more. Denim jeans are not allowed to be worn whilst racing in the boat. Buoyancy aids will be provided and are to be worn by all participants.
- Catering:** A food and beverage stand will available in the Park. Barbeques are not allowed in the park.
- Safety:** No ALCOHOL or DRUGS are to be consumed until racing has finished. Medical conditions which may be brought on through exercise should be advised to the boat helm each time you race.
- Race Day
Contact No:** 085 7422902 (Julie Doyle)



Competing Crews

<u>Crew Name</u>	<u>Representing</u>	<u>Crew Manager</u>
1) Ardscoil Adventurers	Ardscoil na Trionoide (U18s)	John McCormack
2) Carlow Dragons	Carlow Dragon Boat Club	Anita Comerford
3) Carlow Friends & Family	Carlow Dragon Boat Club	Jim Hughes
4) Dublin Vikings	Viking Dragon Boat Team	Ian Rodgeron
5) Fit Club 24	Fit Club 24	Sarah Fahy
6) Kendra Warriors	Kendra Civil Engineering Ltd.	Dan Curtis
7) Liquorice Allsorts	Themselves (U18s)	-
8) Plurabelle Paddlers	Plurabelle Paddlers	Marian O'Dea
9) Suir Dragon Paddlers	Suir Dragon Paddlers - CRC	Tino Fiuza-Castineira
10) Waterford Dragon Warriors	Waterford Dragon Warriors	Marcella Sweeney



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Lane 1

Lane 2

Lane 3

ROUND 1

Race 1	Carlow Dragons	Suir Dragon Paddlers	Kendra Warriors
11.00			

Race 2	Liquorice Allsorts	Fit Club 24	Plurabelle Paddlers
11.20			

Race 3	Dublin Vikings	Waterford Dragon Warriors	
11.40			

Race 4	Carlow Friends & Family		Ardsoil Adventurers
12.00			

ROUND 2

Race 5	Kendra Warriors	Liquorice Allsorts	
12.20			

Race 6	Waterford Dragon Warriors	Carlow Dragons	Fit Club 24
12.40			

Race 7		Dublin Vikings	Carlow Friends & Family
13.00			

Race 8	Plurabelle Paddlers	Ardsoil Adventurers	Suir Dragon Paddlers
13.20			

LUNCH BREAK

ROUND 3

Race 9	Ardsoil Adventurers	Kendra Warriors	Waterford Dragon Warriors
14.00			

Race 10	Fit Club 24	Carlow Friends & Family	Dublin Vikings
14.20			

Race 11		Plurabelle Paddlers	Carlow Dragons
14.40			



Race 12	Suir Dragon Warriors		Liquorice Allsorts
15.00			

Each crew races three times. The slowest time recorded by each crew is disregarded and the remaining two times are added together. The three crews with the fastest aggregate times go straight to the Major Final; the remaining crews are now out of the competition and determine positions 4 – 10.

MAJOR FINAL

Race 13			
Major Final	2 nd Fastest in Rounds	Fastest in Rounds	3 rd Fastest in Rounds
15.30			

The Major Final determines positions 1 – 3 in the competition.

PRIZE GIVING 15.45hrs.

FINAL POSITIONS

1st	
2nd	
3rd	
4th	
5th	
6th	
7th	
8th	
9th	
10th	
Fastest Under 18's Team	
Best Fancy Dressed Team	

