

Information Summary

- Race Venue:** River Barrow, Carlow Town Park, Graiguecullen, Co. Carlow
- Directions:** See attached map. Sat. Nav. Coordinates 52.838191, -6.933698 for the car park off Centaur Street.
- Parking:** Free parking is available in the car park off Centaur Street on the opposite side of the river. The park is accessible via a foot bridge from the main car park. The car parking area in the Town Park has been much reduced, so there will be limited parking. **DO NOT PARK ON THE PAVEMENT OR BLOCK THE ENTRANCE.**
- Course:** The racing course is on the river over a distance of approx. 200m for the U18 teams & 500m for everyone else. The start & finish will be marked on & off the water. All starts will be free standing starts.
- Timings:**
- | | |
|-------------------------|-----------------|
| Crew Managers Meeting | 10.00 hrs sharp |
| Crew Briefings Commence | 10.20 hrs |
| First Race | 10.50 hrs |
| Last Race | 16.50 hrs |
| Prize Giving | 17.00 hrs |
- ALL CREWS ARE TO BE ON SITE AT LEAST 1 HOUR BEFORE THEIR FIRST RACE START TIME TO ALLOW FOR THE SAFETY BRIEFING.**
- Rules of Racing:** The races will be conducted under the IDBF Racing Rules and Regulations, extracts from which are contained in this programme and other conditions as published in this programme. A minimum of 12 paddlers and a maximum of 16 paddlers per boat, plus drummer are permitted.
- Prizes Awarded:** Prizes will be awarded for:
- 1st, 2nd, 3rd Place in the Open Competition
 - 1st, 2nd, 3rd Place in the Women's Competition
 - 1st & 2nd Place in the Under 18's Competition
- Facilities:** There are no changing facilities available at the Carlow Town Park; but toilets will be provided.
- What to Wear:** T-shirt/thermal, shorts/tracksuit, soft soled shoes, waterproof (only if really cold). It is recommended to bring a spare set of clothes as the novice paddler has a tendency to splash more. Denim jeans are not allowed to be worn whilst racing in the boat. Buoyancy aids will be provided and are to be worn by all participants.
- Catering:** Carlow Dragon Boat Club will be providing a cake and beverage stand at the event. Barbeques are not allowed in the park.
- Safety:** No ALCOHOL or DRUGS are to be consumed until racing has finished. Medical conditions which may be brought on through exercise should be advised to the boat helm each time you race.
- Race Day**
- Contact No:** Julie Doyle - 085 7422902



Competing Crews

OPEN COMPETITION

<u>Crew Name</u>	<u>Representing</u>	<u>Crew Manager</u>
1) Carlow Crusaders	Carlow Dragon Boat Club	Brendan Murphy
2) Dublin Vikings	Dublin Vikings	Mick O'Sullivan
3) Kendra Warriors	Athy Dragon Boat Club	Dan Curtis
4) Suir Dragon Paddlers	Suir Dragon Paddlers	Tino Fiuza-Castineira
5) Waterford Dragon Warriors	Waterford Dragon Warriors	Mairead Collins

WOMEN'S COMPETITION

<u>Crew Name</u>	<u>Representing</u>	<u>Crew Manager</u>
1) Athy Dragon Hearts	Athy Dragon Boat Club	Verina Walsh-Kelly
2) Belfast Bellas	Lagan Dragons	Joanne Rock
3) Carlow Dragons	Carlow Dragon Boat Club	Maureen Murphy
4) Corkenny Dragons	Cork Dragons/Kilkenny Dragons	Caroline Schofield
5) Florence Belles	Plurabelle Paddlers	Miriam Coffey
6) Lagan Dragons	Lagan Dragons	Jo Myles
7) Nore Dragon Paddlers	Nore Dragon Paddlers	Pauls Fleming
8) Plurabelle Paddlers	Plurabelle Paddlers	Ciara O'Donnell
9) Shannon Dragons	Shannon Dragons	Jessica O'Keeffe

UNDER 18'S COMPETITION

<u>Crew Name</u>	<u>Representing</u>	<u>Crew Manager</u>
1) Carlow Cubs	Carlow Dragon Boat Club	Alex Murphy
2) The Barrow Dragons	Athy Dragon Boat Club	Darragh Curtis

Barrow Dragon Boat Regatta

River Barrow, Carlow Town Park, Graiguecullen, Carlow

Sunday, 10th June 2018

Lane 1

Lane 2

Lane 3

Combined Competition – 500m

Race 1	Kendra Warriors	Carlow Dragons	Nore Dragon Paddlers
10.50			

Race 2	Athy Dragon Hearts	Waterford Dragon Warriors	Plurabelle Paddlers
11.10			

Race 3	Dublin Vikings	Shannon Dragons	Carlow Crusaders
11.30			

Race 4	Florence Belles	Suir Dragon Paddlers	Belfast Bellas
11.50			

Race 5	Corkenny Dragons	Lagan Dragons	Carlow Dragons
12.10			

Round 1 - Under 18s – 200m

Race 6	The Barrow Dragons	-	Carlow Cubs
12.30			

Combined Competition – 500m

Race 7	Plurabelle Paddlers	Kendra Warriors	Dublin Vikings
12.50			

Race 8	Belfast Bellas	Nore Dragon Paddlers	Athy Dragon Hearts
13.10			

Race 9	Carlow Crusaders	Florence Belles	Lagan Dragons
13.30			

Race 10	Carlow Dragons	Corkenny Dragons	Waterford Dragon Warriors
13.50			

Race 11	Shannon Dragons	Plurabelle Paddlers	Suir Dragon Paddlers
14.10			

Round 2 - Under 18s – 200m

Race 12	Carlow Cubs	The Barrow Dragons	-
14.30			

Lane 1

Lane 2

Lane 3

Combined Class – 500m

Race 13	Waterford Dragon Warriors	Athy Dragon Hearts	Florence Belles
14.50			

Race 14	Lagan Dragons	Belfast Bellas	Shannon Dragons
15.10			

Race 15	Nore Dragon Paddlers	Dublin Vikings	Corkenny Dragons
15.30			

Race 16	Suir Dragon Paddlers	Carlow Crusaders	Kendra Warriors
15.50			

Round 2 - Under 18s – 200m

Race 17	-	Carlow Cubs	The Barrow Dragons
16.10			

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WOMEN'S COMPETITION MAJOR FINAL

Race 19			
Major Final	2 nd Fastest in Rounds	Fastest in Rounds	3 rd Fastest in Rounds
16.30			

The Major Final determines positions 1 – 3 in the Women's Competition.

OPEN COMPETITION MAJOR FINAL

Race 20			
Major Final	2 nd Fastest in Rounds	Fastest in Rounds	3 rd Fastest in Rounds
16.50			

The Major Final determines positions 1 – 3 in the Open Competition.

PRIZE GIVING 17.00 hrs



Barrow Dragon Boat Regatta

River Barrow, Carlow Town Park, Graiguecullen, Carlow
Sunday, 10th June 2018

FINAL POSITIONS

U18'S COMPETITION

1st	
2nd	

WOMENS COMPETITION

1st	
2nd	
3rd	
4th	
5th	
6th	
7th	
8th	
9th	

OPEN COMPETITION

1st	
2nd	
3rd	
4th	
5th	