



Sunday
24 March
2019

The Dragon Run 10km

Carlow Town Park, Graiguecullen, Co. Carlow

Open to Dragon Boats / Kayaks / O1s

- Medals in each category for 1st, 2nd & 3rd .
- All equipment to be provided by participants.
- Race start time 12.00hrs.

Note, 2 no. dragon boats available for hire.

Fee:

€360.00 / Dragon Boat Team
(18 paddlers + drummer + helm)

€20.00 / Kayak or O1

Entry Deadline:

Weds, 13th March 2019



Organised by

IRISH DRAGON
BOAT ASSOCIATION



For further information on the Event,
please contact Julie Doyle:
Tel: 059 9161685 or 085 7422902
Email: info@dragonboat.ie
www.dragonboat.ie

The Dragon Run 10km

River Barrow, Carlow Town Park, Graiguecullen. Co. Carlow
Sunday, 24th March 2019

ENTRY FORM

Name / Team Name: _____

Club Representing: _____

Team Manager: _____

Mobile No.: _____ Email: _____

Race Category (please tick): Dragon Boat Kayak Male Kayak Female 01 Male 01 Female

2 no. Dragon Boats are available for hire, please contact info@dragonboat.ie for further details.

The Races: Will be conducted under the Rules & Regulations of the Irish Dragon Boat Association (IDBA) & any which are published in this Entry Form. An information pack will be forwarded to the Team Manager prior to the event detailing all the necessary information.

Entries: Will be accepted on a 'first come, first served basis' & are only accepted on receipt of full payment. No refund will be given once an entry has been accepted & there is no refund if the regatta has to be cancelled due to conditions outside the control of the IDBA.

Entry Fee: €360.00 / Dragon Boat Team
€20.00 / Kayak or 01

Ability to Swim: All participants must be able to swim.

Minimum Age: The minimum age of any participant is 8 years.

Safety: Safety of all craft whilst on the water is the prime concern of everyone associated with the event. All competitors will be required to wear a buoyancy aid & conduct themselves sensibly. All competitors are to attend the safety briefing before being allowed on the water. The consumption of alcohol is strictly forbidden until competitors have finished racing.

Competitors: We agree with the Entry Conditions above & enter the team named for the event shown. As Team Manager, I certify that there are no non-swimmers in my crew & hereby release the IDBA, its officials & volunteers from any liability for accident, injury or loss through our participation in this event. We compete entirely at our own risk. I understand that I should advise my team to seek medical advice from their general practitioner if they are in any doubt as to their physical ability to take part in the event. I hereby give permission for photographs of the regatta to be taken which may be used for publicity purposes & I understand that the IDBA will hold & use the data provided by me for administration purposes to keep me informed of other events.

Signature _____ (Team Manager/ Competitor) Date: _____

Please find enclosed our cheque for € _____ made payable to "Irish Dragon Boat Association Limited".
Alternatively those with on-line banking facilities may pay direct to the following account:

Irish Dragon Boat Association Limited
IBAN: IE03 AIBK 9333 2511 2443 65

Account No.: 11244365
BIC: AIBKIE2D

Sort Code: 93-33-25
Please ref. with Name / Team Name

Please return the completed entry form to:

Julie Doyle, IDBA, The Rookery, Lisnavagh, Rathvilly, Co. Carlow, R93 AK38 by **WEDS, 13TH MARCH 2019**
Tel: 059 916 1685 / Mob: 085 7422902 / Email: info@dragonboat.ie / Web: www.dragonboat.ie

Organised By

